## FROM 8AM - 1PM

ORGANIC JUMBO PORRIDGE BOWL	
Oats, Seasonal Fruit, Cinnamon (v)	5.50
TOASTED DATE & WALNUT SOURDOUGH	5.55
Bear Bakery, Our Jam, Cultured Butter (v)	3.33
TOASTED SOURDOUGH	
Bear Bakery, Our Jam, Cultured Butter (v)	5.00
BUTTY	
Sausage Butty   Bacon Butty	6.95
Bacon & Sausage (on toasted sourdough)	8.95
(+ Scrambled Eggs +£3)	8.85
SCRAMBLED ON SOURDOUGH	9.95
(+ Bacon or Mushrooms £2 or + Salmon £3)	
EGGS	11.50
Eggs Benedict   Royale   Florentine (v)	
ROM 11AM - 1PM	
OPEN TOP TOASTED SANDWICH	8.00
Egg Salad (v)	
Roasted Mushroom (vg)	9.00
Smoked Salmon	9.95
(+ poached/scrambled eggs £3 or + bacon £2)	
GRILLED SANDWICH	
Flavour of the day	11.50
SOUP OF THE DAY	
Not From a Can, Bear Sourdough	7.00
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Please let us know if you have any dietary or allergy requirements